

OUR SEAHORSE WELL BEING CENTRE

Shop 3 2/4 Graham Street Bacchus Marsh ph 5367 1991

Summer edition 2010

email: info@ourseahorse.com

Welcome to *Summer*

Welcome to our first newsletter, the Summer edition covering the next three months at Our Seahorse Well Being Centre. As most of you stretch out and relax we are busy in Graham Street rearranging stock, adding to our book selection in a huge way and extending our retail area.

With the changes in the centre comes my arrival Kerrie, Buggy will still be here doing workshops and ear candling helping to smooth the transition over ownership in the delightful way she does with laughter. I cannot thank her enough for her patience and persistence with me. Her help and devotion to Our Seahorse has enhanced the centre and is a large part of its success.

What's ahead for 2010?

As we roll through our endless summer, and plan for our resolutions for the New Year. I hope you all include thoughts of how to improve your life with openness, understanding and knowledge that we at Our Seahorse are here to help you reach your full potential. We can help as our calendar for the three months is planned and sees new workshops listed on the left panel of this newsletter.

Kathy and Lindsay are here in January and February, as well as our wonderful massage therapists, Mary, Sue, and Peta we are also introducing Dani who will be working on Saturday, doing sports, remedial and Bowen Therapy.

You will also be able to see Buggy, Mary, and Dani for Ear Candling and Sue is available as well.

Gift vouchers for those presents at Christmas are available, just ask at the

Animal
Whisperings
Feb 27 & 28th

Numerology
Begins
5th February

Reiki Level 1
Feb 7th & 14th

“Feeling grateful or appreciative of someone or something in your life actually attracts more of the things that you appreciate and value into your life.

Northrup Christiane

- *Upcoming events*
- *Numerology Workshop begins in February 5th*
- *Reiki Level 1 Feb 7th & 14th*
- *Cross over with Kathy February 23rd*
- *Animal whisperings Feb 27 & 28*

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Numerology

Classes start

Monday February 5th - 28th 2010 - 7 pm - 9pm

Tuesday February 6th - 29th 2010 - 10 am - 12 pm

Each class date is scheduled to last for 20 weeks
Giving time for practical work as well as theory.

Use Feng Shui to improve

the energy and harmony

within your home

Ask us for more help!

Animal Whisperings

Weekend Workshop
February 27th & 28th

After many years of working with children, adults and their horses, I have developed some unique ways to guide people into a greater confidence and effectiveness in knowing how to use their own abilities to balance energy and facilitate healing for themselves and the animals they love.

If you relate to this and would like me to show you how you can use your own abilities and resources or tell you about my own experiences and the natural remedies that I have found effective. Join me for two days at Our Seahorse Well Being Centre. To read more about Sarah Jayne visit her website at www.thehealingarts.com.au

\$190 with a deposit of \$20 paid for by Mid January to hold your spot.

Bagwa Mirror (above)
Benefits are similar to the Pakua Mirror, but the Convex Mirror disperses bad energy rather than directing it back. The convex mirror can also assist by strengthening the items it reflects

